



2009 AGM L-R back to front: Davina Binell, Wilhelmine Lieberwirth, Sonia Champion, Cindy Zbierski, Les Taylor, Anthony Hirschhausen, Lynton Hirschhausen, Jenny Dunn, Nicole Carter, and Brenda Carter. Absent from photo: Rose Hillman and Larry Higgins.

Welcome

The Nunyarara Annual General Meeting (AGM) held on Friday 23 October was attended by 24 Aboriginal and two non-Aboriginal community members.

There were seven nominations for four vacant positions and two 2 new members were appointed.

The new Nunyarara Board comprises:

Mr Les Taylor
Chairperson

Ms Nicole Carter
Secretary

Ms Wilhelmine Lieberwirth
Board Member

Mr Anthony Hirschhausen
Board Member

Mrs Rose Hillman
Deputy Member

Ms Brenda Carter
Staff Representative

Ms Jenny Dunn
Treasurer

Mr Lynton Hirschhausen
Board Member

Ms Sonia Champion
Board Member

Ms Davina Binell
Board Member

Mr Larry Higgins
Deputy Member

Communicare System Complete

The Communicare Patient Information Record System has now been fully implemented at Nunyarara, Ceduna/Koonibba, and Pika Wiya health services.

Our organisations are the first Aboriginal health services in Australia to share medical records simultaneously. We are also the pilot sites for sharing one electronic database that holds patient medical information.

Once staff at all three sites are proficient in using Communicare, we will be able to enjoy the vast benefits that this system provides including:

- Single data entry point for patient information;
- Risk reduction relating to patient information;
- Higher levels of information accuracy;
- Improved external reporting to funding bodies;
- Improved internal reporting for planning and operational performance;
- Improved patient outcomes through integrated information across the three health services;
- Improved service delivery; and
- Clear and standard processes, protocols and workflows.

Communicare System Complete (cont'd)

The Communicare Project Management Group said the journey of collaboration, which began in mid 2008, is pioneering and we are very proud of our achievement, and also of those who assisted us to get there.

The following individuals, teams, and organisations played an important role in achieving the collective Communicare vision:

Country Health SA - Damon Moldrich, Ian Thurnwald, Zia Earl, Oshim Somers, Greg Earl, Phil Ancell, John Woodward, Tanya Esposito, Roger Milton, Matt Cesaro, Frank Lennon, and Rose Dickinson.

Medicare Australia - Christina Whap and Lorraine Buckland.

Communicare Vendors - Brian and Kerry Dunstan.

Office for Aboriginal and Torres Strait Islander Health - Azi Mian and Bridgette Booth.

Ceduna Koonibba Aboriginal Health Service - Tanya Darke, Atheana Bitmead, and Tracey Gurney.

Pika Wiya Health Service - Marion Renshaw, Ann-Marie Fawcett, and Jeanette Noble.

Nunyarara Wellbeing Centre - Lorna Hurst and Kim Larkins.

Nunyarara, Ceduna/Koonibba, and Pika Wiya health services are also pleased with their staff's participation, and ability to embrace change and support others in managing the project.

'Working together to improve our health - our way'

Nunyarara News

Coordinator: Maree (Rhonda) Ellis
Nunyarara Wellbeing Centre Inc.
17-23 Tully Street, Whyalla Stuart, SA 5608
(PO Box 2253, Whyalla Norrie, SA 5608)
Tel: (08) 8649 4366 Fax: (08) 8649 4185
Web: www.nunyarara.org.au

Editing and Design:
Dreamtime Public Relations
Tel: (08) 8463 1904 Fax: (08) 8311 5211
Email: info@dreamtimepr.com
Web: www.dreamtimepr.com

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Minya Gidjagu BBQ

Minya Gidjagu Aboriginal Playgroup



A community BBQ was held at Nunyarara during the recent school holidays for Minya Gidjagu Aboriginal Playgroup to help children and their families keep in touch during the break.



Playgroup Coordinator Anita Taylor organised the BBQ along with free medical check-ups by Nunyarara Consultant Dr Scrimgour who attended for the full day.

Clinical Nurse Lorna Hurst and her staff also conducted health checks for those wishing to participate.

The event was extremely well attended with extra food being brought in to cater for participants.

Everyone enjoyed the fellowship and pleasant spring weather, and it was wonderful to see so many happy faces.



Community Foodies

Nunyara's Community Foodies' volunteers for Whyalla Hospital, Ida Calgaret and Maree Ellis, attended a Community Foodies Breastfeeding Workshop in Adelaide on 15 October.

The workshop, presented by the Australian Breastfeeding Association, discussed adding breastfeeding information into the Community Foodies' training and if possible to the Australian Guide to Health Eating as a whole food. This will assist in advising the community about the health benefits of breastfeeding not only for the baby but for the mother as well.

Ida and Maree will be conducting Community Foodies' presentations for the Mens Group on 24 November as well as for the Aboriginal Maternal and Infant Care group in the near future. The presentations will include information on food hygiene, storage and eating on a budget.

Womens' Retreat 2-3 December

Uniting Care Wesley are providing an opportunity for 30 Aboriginal women to enjoy a retreat at Port Lowly on Wednesday and Thursday 2-3 December 2009.

At the retreat, agencies will provide information regarding womens rights and advocacy followed by a range of pamper sessions to provide light relief.

Pamper sessions include Messages with Dale Quinn and Evelyn Genahl; Card Making with Creative Memories; Mini Manicures and Pedicures with Final Touch Beauty; Body Balance class on the beach; Hair and Beauty with Passions for Hair; Massage with Dale Quinn and Evelyn Genahl; and Gardening with Advancing Whyalla.

After 3pm on Wednesday, Nunyara will facilitate a fully catered function and provide a range of health related information sessions and services.

Participants will then enjoy an overnight stay along with Nunyara staff before another day of information and pampering.

For further information and a copy of the agenda, contact Nunyara Wellbeing Centre.



*Merry Christmas
& Happy New Year!*

Nunyara Wellbeing Centre Inc. would like to wish you all a very Merry Christmas and a Happy New Year.

We will be closed for the Christmas period from Monday 21 December and will re-open on Monday 4 January 2010.

If you have an emergency situation, please phone the Whyalla Hospital on 8468 8300.

Otherwise, we look forward to seeing you all in 2010!

Profile – Anthony Hirschausen Board Member



Anthony Hirschausen, affectionately known as 'Bones', has been a member of the Nunyara Wellbeing Centre Board since being elected at the 2008 AGM in September last year.

Having been involved with the original Buttlaringara Committee (prior to Nunyara's formation), Anthony has knowledge of past challenges and achievements and can, therefore, provide valuable background information to assist current and future services.

Anthony describes himself as a 'Jack of all trades'. He has worked as a labourer, general handyman, fruit picker and fisherman to name a few occupations.

Originally descending from Port Lincoln, Anthony says he enjoys the Whyalla lifestyle and the friendliness of the town, and is happy to continue making Whyalla his home.

He is currently studying Certificate II in Business Studies at the local TAFE College and also recently completed a Local Governance training course to assist with his role as Board Member.

Anthony is very dedicated, being known for 100% attendance at Nunyara's monthly Board meetings in the past 12 months and is also a regular participant of the men's group.

Upcoming Clinics

Podiatrist Clinic

Thursday 29 October, 26 November and 17 December

11.00am to 1.00pm

Eye Clinic

7 and 8 December

Nunyara aims to improve the health of Aboriginal people in Whyalla by making services and programs available in the community that are easy to access and in an environment that feels culturally and socially safe.

Our Services

Medical Clinics

Nunyarra has a visiting Doctor who consults regularly.

Nursing Services

A full-time nurse is available to provide diabetes education, wound dressing, immunisations, screenings, advice and general health information.

Tjilby Tjuta Mens Group

The Mens Group meets regularly to share information on a range of topics while fishing, camping or just talking about men's business.

Whyalla Aboriginal Elders Group

The Elders Group meets monthly at Nunyarra and welcomes new members.

Aboriginal Health Workers

Aboriginal Health Workers provide liaison, advocacy and clinical services and are often the first point of contact.

Minya Gidgagu Playgroup

Parents and carers are encouraged to bring their children aged up to 5 years to Playgroup on Wednesdays. Exciting and stimulating activities are provided as well as lunch.

Well Women's Clinic

Pregnancy testing, STD checks, smear tests and other information and advice are available for women.

Transport

Transport can be arranged for medical appointments, x-rays and other matters related to health and wellbeing.

Health Promotion

Health is promoted within schools, other organisations and the public.

Sexual Health

No appointment is necessary to see the nurse or Aboriginal Health Worker about sexual health issues.

Visiting Services

Specialists visit Nunyarra on a regular basis. Appointments can be made to see the Mental Health Worker, Dietitian and Podiatrist.

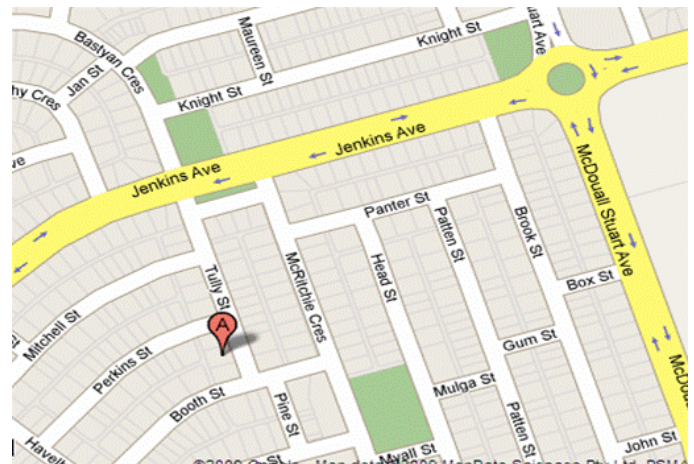
Advocacy & Support

Nunyarra can arrange advocacy and referrals to other organisations and programs including housing, ambulance, Centrelink and financial services.

Tjurni Miminis

An antenatal program is provided for Aboriginal women in a friendly environment with Aboriginal Maternal Infant Care workers and midwives who provide specific support and information throughout pregnancy and beyond..

Where Are We?



Nunyarra Wellbeing Centre is located at 17-23 Tully Street, Whyalla Stuart. The entry and car park is on Booth Street.

Transport is available to attend all clinics.

Bookings can be made by phoning 8489 4366 at least 24 hours prior to transport being required.



www.nunyarra.org.au