



## Newsletter

December 2018

### CLIENTS ACCESS MORE SERVICES IN 2018

2018 has been another successful year for Nunyara, with an increase in episodes of patient care and more services available for our clients to access.

Our Pathways to Preschool Clinic opened in May this year and has been a great success, and Dr Tracey is now consulting 3 days per week from Wednesday to Friday.

We have also been fortunate to have Endocrinologist Dr Chinmay Marathe come on board this year, and he now consults from Nunyara from 2 days per month.

Additionally, Nunyara have continued to fund Griefologist Rosemary Wanganeen to visit once every 5 weeks again this year due to community demand.

Optometrist Ken Chenery has visited once every 3 months, and Dr Ian Wong and the team of audiologists has also visited a number of times in 2018.

Nunyara also continues to offer our monthly 'Multi-D' days with visiting specialists from Whyalla Hospital. We have also been lucky to have the services of our visiting Locum GP, Dr Chris Powell, since September and he will continue visiting once a month until at least February.

With 2018 rapidly coming to a close there will be some upcoming changes with doctor rosters. Please see information box to the right for more details. Dr Rick will also be taking 6 months of annual leave for holidaying in 2019.

#### DOCTOR ROSTER UPDATE

- ⇒ Dr Patrick Sprau is away from the end of November 2018 until the end of January 2019.
- ⇒ Dr Rick Hambour will work 3 days Wed– Fri during the time Dr Patrick is away. Will then be taking 6 months annual leave from Feb–July approx in 2019.
- ⇒ Dr Tracey Landon now working 3 days from the P2P Clinic, with appointments available from Wednesday to Friday.
- ⇒ Dr Chris Powell is scheduled to be at Nunyara from 15th–17th January and 29th–31st Jan.
- ⇒ Dr Krista Maier is back on the 14th January
- ⇒ Dr Chinmay Marathe's first visit in 2019 is 8th/9th January.

Nunyara Board & Staff would like to wish clients & associates

***Merry Christmas & Happy New Year***

Nunyara will close at 5pm on Friday, December 21, 2018  
& re-open on Monday 7th January 2019

**IN CASE OF EMERGENCY PLEASE  
CONTACT '000' OR WHYALLA  
HOSPITAL ON 8648 8300**





# COMMUNITY CONNECTIONS DAY 2018

Another great crowd attended Nunyara's annual Community Connection Day in the October school holidays.

With perfect weather for the day, participants were able to enjoy a wide range of fun activities including bouncy castle, face painting and entertainment by Nelson's Magic roving clown and magician. Wyn Bring Jida Childcare also had a number of fun activities set up for the younger children, and the live music was enjoyed by all.

This year Nunyara provided a barbecue, as well as salad rolls for lunch, which was a big hit with the crowd.

Importantly, the day was once again an opportunity for Nunyara to showcase our various programs including the Tackling Indigenous Smoking Program and new Pathways to Preschool Clinic. Mini health checks were also available to both adults and children alike.

Those who participated in the health activities were also able to enter raffles to win a number of prizes including a flat screen television (see photos of winners next page).







Scooter and bike winners



David won the youth entertainment pack



Major prize (Digital TV) winner Dawneen



Leverne won a manicure voucher (above left), Barb & Wendy having a cup of tea (below) and magician/ clown fun (right)



Above: Local kids with their balloon creations





## **NUNYARA STAFF UPDATE SKILLS**

Nunyarra Aboriginal Health Service is committed to updating the skills and knowledge of their staff members. 2018 has been a very busy year with a number of staff regularly going to Adelaide to complete certified training courses.

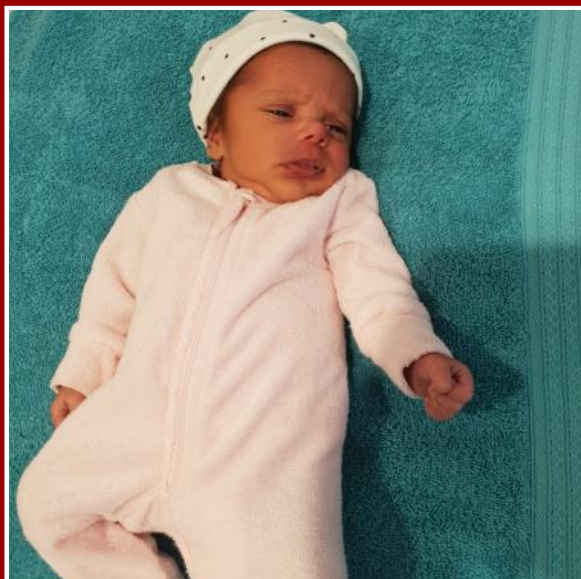
Aboriginal Health Workers Tineale and Jeremy have both been studying Certificate IV in Aboriginal and Torres Strait Islander Primary Health Care transition. This is so they can become Aboriginal Health Practitioners. The course is being done through the Aboriginal Health Council of SA and both workers have had to travel to Adelaide to complete 6 study blocks this year.

Tackling Smoking project officer Zena started a Certificate IV in Aboriginal and Torres Strait Islander Primary Health Care (Community) in June 2018. This is being done through Nunkuwarrin Yunti in Adelaide, she has 2 study blocks left and hopes to be finished the course by March 2019.

Aboriginal Health Practitioner Robyn completed a course earlier this year in Administer Medications.

"At first I found it very challenging, learning the drug calculations, but once I got my head around it, I really enjoyed it," Robyn said. She also enjoyed meeting other Aboriginal Health Practitioners from other Health Services around SA. Completing this training now allows Robyn to be fully registered with the Australian Health Practitioner Regulation Agency.

In September 2018, Practice Manager Deb attended the General Practice Training and Education Conference and Pathways to Preschool coordinator Jane and Dr Tracey attended an Aboriginal and Torres Strait Islander Women's Health Meeting, which was hosted by the the Royal Australian and New Zealand College of Obstetricians and Gynaecologists.



Baby Makaira is one of the many babies born under the care of Nunyarra's P2P clinic this year.

### **New Babies arrive for P2P**

It has been a busy year at Nunyarra's Pathway to Preschool (P2P) clinic, which looks after expectant mothers and new babies.

There have been 17 births from Nunyarra clients in the program since the new clinic opened in May this year.

Additionally Dr Tracey and Aboriginal Health Worker Tineale have another 15 pregnant mums currently under their care.

We wish all the new babies a great first Christmas with their families!



### **Tackling Smoking**

Inviting all Aboriginal Smokers and Ex-smokers to be a part of a smoking support group

**Upcoming dates for 2019**

**Tuesday January 29th**

**Tuesday February 12th**

**Tuesday March 12th**

**Tuesday March 26th**

**11am start each date**



### **Whyalla Aboriginal Women's Group**

Inviting all Aboriginal Women who are Whyalla residents to attend for a cuppa and a yarn.

**No Children permitted at meeting due to this being a women's only meeting.**

**Upcoming dates for 2019**

**Thursday 7th February**

**Thursday 7th March**

**2pm start each date**

### **Nunyarra seeks more members**

Did you know that you can become a member of the Association of Nunyarra Aboriginal Health Service Inc?

All that is required is to fill out a membership form, which is available via the Information tab on our website [www.nunyarra.org.au](http://www.nunyarra.org.au), or a hard-copy form can be collected from the reception area of the Nunyarra administration building.

**Respecting culture;  
Acknowledging diversity**