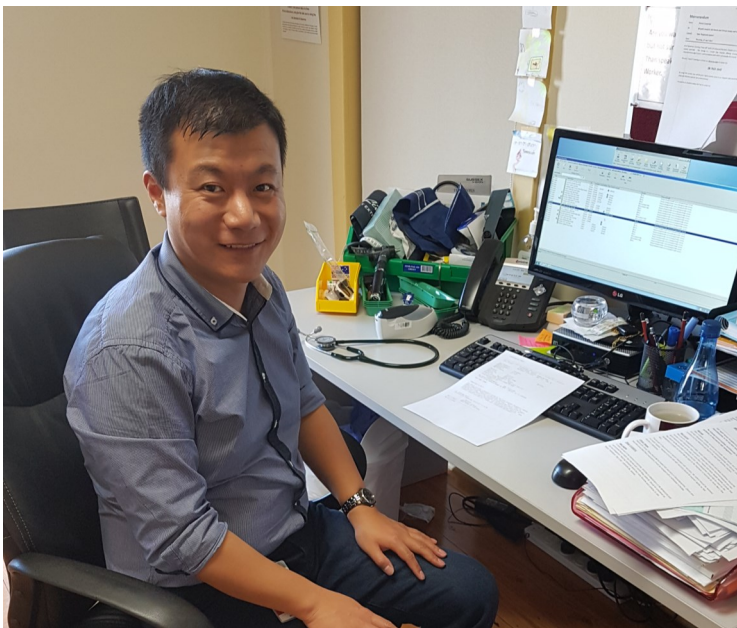


Nunyarra News

June 2017

Nunyarra Aboriginal Health Service Newsletter



NEW DOCTORS WELCOMED AT NUNYARA

Nunyarra Aboriginal Health Service has been fortunate to acquire the services of 2 new doctors at our clinic.

We would like to welcome our full-time doctor, Dr Bili Wu (pictured top) who started consulting 5 days per week at Nunyarra in May.

Dr Bili will be with us at Nunyarra until the end of August and is available for appointments every business day.

Dr Patrick Sprau (pictured in bottom photo) also began working at Nunyarra in May, and is available for appointments 2 days per week on Thursday and Friday.

Dr Krista Maier continues to consult at Nunyarra each fortnight on a Monday.

For an appointment with any of our doctors please phone (08) 8649 9900.



Nunyarra Aboriginal Health Service, 17-27 Tully Street, Whyalla Stuart 5608 Phone: (08) 8649 9900



FUNDING RECEIVED FOR CHILD HEALTH

Nunyara is pleased to have received \$500,000 funding under the Commonwealth's Indigenous Australians' Health Programme: New Directions Mothers and Babies Services.

The grant to July 2018 will be utilised to:

- Increase access to antenatal and postnatal care
- Provide standard information about baby care
- Provide practical advice and assistance with breastfeeding,

nutrition and parenting

- Monitor developmental milestones, immunisation status and infections
- Provide health checks and referrals to treatment

In the current environment, this is great news - for both Nunyara and Whyalla as a whole, and the families who will directly benefit from receiving the services.

The provision of a Transport Officer in the new program will also assist clients to attend

specialist appointments in Port Augusta, who have more Paediatric and Obstetric services than Whyalla. This has been a problem in the past due to this trip not meeting (PATS) criteria.

Nunyara has engaged Jane Baulderstone in an Acting position to kickstart this exciting new program of work. We are now working on converting a building into an appropriate space, and plan to have the team operational by end of 2017.

NUNYARA STAFF JOIN THE MOB

As part of the Puyu Blaster campaign we are encouraging everyone to Take the Puyu Blasters Pledge – we want South Australian Aboriginal communities smoke free! Become a hero to your family, community, sporting club or your workplace and Don't Make Smokes Your Story.



Pictured are Nunyara staff (back L-R) Jane, Melissa, Deb, Di, Murray, Barb, Dr Bili (front) Julia, Zena, Cindy, Robyn and Jeremy



Pictured above are the local Whyalla families and children with the Parkwynd Hospital surgeons and doctors.



The Davies family (above) and the Kemp-Doolan family (below) after the children's successful surgeries.

HEALTHY EARS FUNDING HELPS FAMILIES

Another new program launched at Nunyara late in 2016 is the "Healthy Ears- Better Hearing, Better Listening Program" - funded by the Commonwealth Government.

Outreach Service Coordinator, Jane Boulderstone has been working in collaboration with Rural Doctors Workforce Agency to bring this program to under 21 year old clients to care for their ear health.

We held two Clinics with Dr Ian Wong (ENT Specialist) and two Paediatric Audiologists from the Women's and Children's Hospital also attended each clinic. In all 30 children had hearing tests performed and were then seen by the ENT

Specialist. Nine of these children then required surgery and the funding for the Healthy Ears program was able to fast track this.

Eight children had their surgery performed at Parkwynd Private Hospital in Adelaide and one had her surgery done in Port Augusta. The funding covered transport and accommodation costs for the children and also their families and carers.

All children have made a fantastic recovery and are on their way to better ear health.

A special moment took place after one of our young clients had received his surgery. He was walking along Rundle Mall



with his mum and he put his hands over his ears and said "mummy, very loud".

This gorgeous little one had not heard the everyday sounds of life and the environment around him that we just take for granted. The outcomes of this program have allowed us to change the lives of 9 children which is a tremendous result.



New Men's Group established

In January 2017, Nunyara was able to employ a male Aboriginal Health Worker, Jeremy Coaby, who has 20 years of experience in health care

One of the projects Jeremy has been working on since starting at Nunyara has been establishing a Men's Group.

"From previous discussions with the local Indigenous men of Whyalla, there is a recognised need to address their physical, social and emotional health and wellbeing," Jeremy said. "Central to this is a place, such as a Men's Shed, where men can gather and participate in various activities."

The men's shed program of Australia has demonstrated the value of a gathering place for men where social relationships are enhanced, new skills are shared and learned and emotional wellbeing enhanced. An Aboriginal men's health and wellbeing place also would promote and support inter-generational relationships.

On April 13, 2017 the Men's Group was established and have since held 2 meetings. The current goal is to establish an Advisory Group including community members, health service representatives and Barngarla Association. The group will then develop terms of reference and then work on identifying the costs in setting up a Men's Health and Wellbeing Place.

Once the Advisory Group is established it will meet fortnightly and create minutes and a newsletter to keep the community informed. If you are interested in being part of the Men's Group, please contact Jeremy at Nunyara.

DATES TO REMEMBER & UPCOMING EVENTS

WHYALLA ABORIGINAL ELDERS GROUP

Mayor Lyn Breuer was guest speaker at the March meeting and is also hoping to attend a future meeting.

The group meets the second Tuesday of each month and welcomes new members to come along. The meetings are an informal get together and a good chance to meet new people. Please contact Julia on (08) 8649 9900 for further information.

Upcoming Elders group dates

- August 8, 2017 - Sept. 12, 2017 - Oct 10, 2017

TACKLING SMOKING SUPPORT GROUP

Inviting all Aboriginal Smokers and Ex-Smokers to be a part of a smoking support group. Come into Nunyara for a yarn with other smokers and try the smokerlyzer while you are here.

Thursday, 25th July 2017 @11am

Lunch will be provided

Please contact Zena on (08) 8649 9910 for further information.

ABORIGINAL WOMEN'S LEADERSHIP PROGRAM— Kangaroos & Emus

A women's workshop with catering provided will be hosted at Nunyara Aboriginal Health Service on

Thursday, 24th August 2017

9.30am for 10am start

4pm wind-down for 4.30pm finish

Places are limited, please register by contacting Lisa Warner on (08) 8203 9400 or alternatively contact Zena at Nunyara on (08) 8649 9910.