

Nunyarra News

September 2017

Nunyarra Aboriginal Health Service Newsletter



NAIDOC WEEK ANOTHER SUCCESS

Naidoc Week 2017 has been another huge success, with the whole Whyalla community coming together to celebrate. The theme for this year's NAIDOC week was 'Our Languages Matter', with an array of activities hosted in Whyalla. The week kicked off with the traditional NAIDOC week march from Anytime Fitness to the Middleback Theatre, where people were then invited to stay and watch the new local 'Welcome To Country' film and participate in the formal opening ceremony.

Tuesday saw the Whyalla Hospital hosting their annual NAIDOC event with the Dusty Feet Dancers, while Wednesday was a fun day at McRitchie Crescent Park hosted by Centacare, with activities for children and also Malu (kangaroo) tasting on offer. Nunyarra participated in the Community Day on Thursday at the hockey grounds, with Tackling Smoking Officer Zena hosting a Puya Blaster stall.



Pictured at the 2017 NAIDOC Ball are Nunyarra staff (L-R) Robyn, Tineale, Zena, Melissa and Julia. Photography courtesy of Jeff Croft Photography

The aim of the stall was to promote smoke-free environments. Zena took over 200 pledges from Community members to 'Join the Mob' from people and they all received a special Puya Blaster/ Port Power indigenous T-shirt. The final day of NAIDOC week there was a Children's Disco, and then the week culminated in the NAIDOC Ball.

It was a great night with a delicious 2 course meal and entertainment by local band Jackdaw. A NAIDOC week cake was also served, and was cut by local Elders Aunty Cynthia Buza-Weetra and Uncle Barry Croft. Nunyarra's chairperson Jeff Croft was also chair of the Whyalla NAIDOC committee and has hailed the week as a fantastic success.

MORE PHOTOS FROM NAIDOC WEEK INSIDE

Nunyarra Aboriginal Health Service, 17-27 Tully Street, Whyalla Stuart 5608 Phone: (08) 8649 9900



Community Day to be held again

Nunyara will be hosting our annual Community Connections day again next month, on Friday, October 13.

The inaugural Community Connections day was a big success but we are hoping to improve upon this.

One of the suggestions from last year's event was to hold the Day in the school holidays so more children can attend and we have taken this feedback on board and are planning a number of fun and informative activities for the whole community to enjoy.

Confirmed events are a bouncy castle, face painter and clown with balloons and there will also be a number of giveaways.

A delicious healthy lunch will once again be provided.

We are encouraging all of the community to come along and see what services Nunyara have to offer, get some health advice and have a great time while you are here.

COMMUNITY CONNECTIONS!

2017

Nunyara Aboriginal Health Service invite the Community to this event!

RAFFLE PRIZES
Including Flat Screen TV, Scooters, Kids Bikes, Gift Vouchers, & giveaways

Respect Test
Mini Health Check
Update your Medicare Card
Have your say survey
Meet service providers
Try the Smokerlyser
Healthy Ears Under 5's Check

Jumping Castle
Face Painting
Live Music
Healthy Food
Raffles
Clown & Balloons

9648 9900
www.nunyara.org.au

17-27 Tully Street
WHYALLA STUART

FRIDAY 13TH OCTOBER
11 - 4 @ NUNYARA

NAIDOC CELEBRATION PHOTOGRAPHS



Left photo: Auntie Cynthia Buza-Weetra and Uncle Barry Croft cutting the NAIDOC Week Cake at the NAIDOC Ball.

Right: Nunyara's Puya Blaster stall at the NAIDOC Community Day. Both photographs are courtesy Jeff Croft Photography.



WOMEN'S GATHERING HELD AT NUNYARA

YWCA Adelaide's Kangaroos and Emus Aboriginal Women's Leadership Program is a culturally sensitive program which delivers workshops and events across South Australia which assist Aboriginal women to build leadership capacity with a focus on women, family, wellbeing, career and culture.

On August 23 and August 24, 2017 program coordinator Lisa Warner hosted 2 Kangaroos and Emus workshops for local women at Nunyara Aboriginal Health Service.

The first workshop was specifically aimed at the younger Aboriginal women within Whyalla while the other workshop was open to other ladies within the Community. Both sessions were well attended and there was some excellent feedback from all participants.



Some of the participants following the Kangaroos and Emus Women's Leadership program held at Nunyara recently.



Dr Bili Wu farewelled

Nunyara farewelled our full-time GP, Dr Bili Wu on August 11. During his farewell speech, Dr Bili said that indigenous health is his passion and he had been fortunate to work at Nunyara and that he had loved his time here. Dr Bili has returned to his home in Victoria.

Dr Patrick Sprau is now consulting from Nunyara 3 days per week, usually Wednesday—Friday, and Dr Krista Maier continues to visit each Monday fortnight.

Grief and Loss Counselling now available to clients

Nunyara is self funding a trial of Loss and Grief Counselling following feedback from our clients regarding the need for this service in our Community.

We have engaged Rosemary Wanganeen from the Australian Institute for Loss & Grief P/L to visit Nunyara for 4 visits, then we will evaluate the ongoing need for further visits based on client use and feedback of the service.

Rosemary will be available for appointments on the following days:

- Thursday 21st September
- Thursday 12th October
- Thursday 2nd November.

There will also be a fourth visit with date to be confirmed in coming weeks. Please contact Nunyara on 8649 9900 to make an appointment to see Rosemary. Transport can be arranged and there is no cost for this service.



WHYALLA FOOTBALL AND NETBALL TEAMS TO COMPETE IN STATE CARNIVAL

Nunyarra is proud to be supporting local Aboriginal football and netball players in their bid to succeed at the South Australian Aboriginal Football and Netball Carnival, to be held in Adelaide over the October long weekend.

Whyalla will once again send a football and netball team to compete, and the Whyalla Aboriginal Sports Committee have been working hard to secure sponsorship from various businesses around town. Nunyarra's Puya Blasters Tackling Indigenous Smoking team, in conjunction with the Aboriginal Health Council of SA is pleased to be one of the major sponsors, along with Harvey Norman, Whyalla City Council, Plaza Youth Centre, and the Aboriginal Drug and Alcohol Council of SA.

Football Manager Brendon Jackson said he hopes the teams can build upon their successes at previous State carnivals, while at the same time advancing the development socially and recreationally for the young people of Whyalla.

In 2015 the Whyalla football team were winners of division two, and the netball team went through the series undefeated before being unlucky in the elimination final to lose by just one goal. Whyalla football and Netball teams also participated in the Carnival last year in Port Augusta

An exciting development this year has been the design of new uniforms (pictured) for both the football and netball teams and the young players are looking forward to pulling these on and proudly representing their City.

We hope to bring you some results of the State Carnival in Nunyarra's final newsletter for 2017 in December.



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UPCOMING EVENTS

WHYALLA ABORIGINAL

ELDERS GROUP

Meets at Nunyarra for a casual gathering on the second Tuesday of each month 10am until 1pm (lunch provided) - new members are welcome

Upcoming meeting dates:

Sept. 12, 2017

Oct 10, 2017

Nov. 14, 2017

TACKLING ABORIGINAL

SMOKING SUPPORT GROUP

Inviting all Aboriginal Smokers and Ex-Smokers to be a part of a smoking support group. Come for a yarn with other smokers at Nunyarra (lunch provided)

Upcoming meeting dates:

September—5th and 19th

October—3rd and 31st

November—28th