

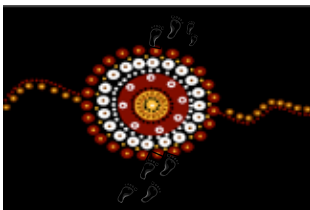
Welcome

Welcome to the first edition of Nunyarra News for 2011. I hope you all enjoyed the Christmas and New Year break, although it now hardly seems we've had one.

In this edition, we've got news about the Tjurni Mimini's Aboriginal Birthing Program, Dates to Remember, the Whyalla Hospital Redevelopment, Transport, and Trachoma.

If you have any news or views you'd like to share in the next edition of Nunyarra News, please call Kerry King, Administration Officer, on 8649 4366.

Pregnant?



The Tjurni Mimini's Aboriginal Birthing Program has Aboriginal Maternal Infant Care (AMIC) Workers and Midwives who can support Aboriginal women during and after pregnancy including antenatal check-ups and education.

The AMIC Workers have recently completed breastfeeding education and will shortly undertake a block of study in Ceduna with other AMIC Workers from around the state.

Training has also been set for AMIC Workers to complete the midwifery components of the national competencies during the year.

When complete, the AMIC Workers will be AMIC Practitioners and Midwives will be able to delegate clinical tasks to them.

If you are Aboriginal and pregnant and would like support, information, education and to meet others in the same situation, please phone Sonia or Terry at Nunyarra on 8649 4366.



Dates to Remember

Podiatrist - Wednesday 13 April

Dietitian - Tuesday 12 April

Optometrist - Monday 28 & Tuesday 29 June

Please phone 8649 4366 to book in and arrange transport if required.

Volatile Substance Abuse

Community information sessions are being organised for the coming months about petrol and glue sniffing. The Aboriginal Drug and Alcohol Council will deliver information sessions to staff, community members, parents and caregivers. The dates and times of the sessions will be advertised on television classified ads, in the newspaper and on flyers.

If you have any concerns about Volatile Substance Abuse, please phone and let us know what and how you think we can address this issue.

Childhood Immunisations

From the 1st of April, there is a chance to win a bike if you get your kids immunised in April.

Our Board

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Anita Taylor

Secretary

Wilhelmine Lieberwirth

Treasurer

Les Taylor

Deputy Board Member

Vivien Durkay

Deputy Board Member

Gilbert Taylor

Board Members

Brenda Carter

Nicole Carter

Sonia Champion

Rose Hillman

Anthony Hirschausen

*'Working together to improve
our health – our way'*

Nunuyara News

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What is Trachoma?

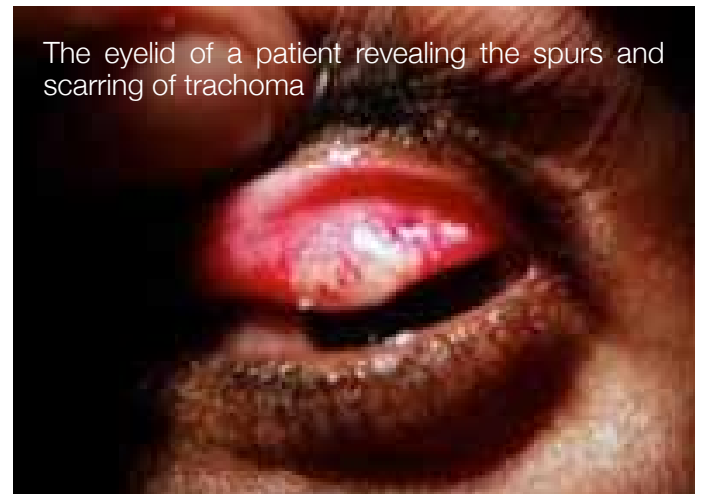
Trachoma is chronic inflammation of the eye and eyelids over a period of many years starting in early childhood.

The inflammation is the body's response to infection and causes the eye to become scarred and rough. This interferes with the normal function of the eyes which is to lubricate, protect and nourish the clear front tissue of the eye (the cornea).

The cornea can be directly involved in the inflammation as well. In this situation, an already damaged cornea is made rapidly worse.

Without treatment, scarring and cloudiness of the cornea rapidly leads to blindness in that eye. Both eyes are usually affected so the person becomes blind.

Blindness from trachoma is almost impossible to reverse and the eyes themselves are sometimes destroyed by secondary infection.



The eyelid of a patient revealing the spurs and scarring of trachoma

Nunuyara will be screening for trachoma to protect our communities' eye health.

www.nunuyara.org.au



Visitors from Yuendumu

Hospital Redevelopment

The Whyalla Hospital is undergoing a \$69 million dollar redevelopment which is due for completion between 2013 and 2014. The redevelopment will change the look of the Hospital as well as the services provided and the people providing them. It will also include a cancer centre, rehabilitation centre and a short stay mental health facility.

The Whyalla Hospital now has 'general' Hospital status which means our Hospital will be providing more services so that people don't have to go to Adelaide hospitals. The Hospital will also be providing services to people from other areas including Ceduna, Port Augusta, and the Far North.

The Hospital would like the community to make suggestions on the redevelopment so that the new Hospital, staff, services and environment are appropriate and culturally safe for Aboriginal people.

You should have your say about what this will mean for you and your family!

Nunyarra has already started thinking about some of the things that will be important and these are:

- Incorporating Aboriginal design into the building.
- Commitment to employing Aboriginal people.
- Signage acknowledging the Barngarla people and Aboriginal visitors.
- A Reconciliation Action Plan and Statement of Intent.

If you have anything that you think is important for the Hospital redevelopment, you can make suggestions by visiting Nunyarra or via the feedback page on our website www.nunyarra.org.au

If you would like more information about the Hospital redevelopment, just ask one of our staff and they will direct you to the right person to talk to, or you can call the Hospital Project Officer, Fran Power, on 8648 8300.

Transport



Nunuyara employs a driver to transport patients to the clinic, Hospital and Doctors' appointments for health matters. This service is provided to registered clients of Nunuyara, people who are visiting from out of town and inpatients upon consent from the Hospital. On average, the Nunuyara Transport Officer provides 60 services a week.

Health Service vehicles can be used to transport people who are:

- Attending any Health Service meeting, program or appointment including:
 - Hospital/Specialist
 - X-ray/Ultra Sound
 - Local Doctor
 - Chemist
- Attending the Whyalla Hospital for admission or for an outpatient appointment.
- Attending other Health Service facilities for appointments.
- Accompanying a child or another patient to appointments as above.

From time to time, the Board of Management may decide that particular community and cultural issues require the use of vehicles. This may include funerals, Health Service meetings and some major community events. In these circumstances, the Health Service staff will be informed and emergency access to vehicles will not be affected.

The Transport Officer is unable to assist with the following, however, an Aboriginal Health Worker can assist if you have made prior arrangements with them.

- Centrelink
- Court
- Banking/Shopping
- Employment Agencies
- Bus Depot
- Weather
- School Pick-Ups

If you need transport, please phone Nunuyara on 8649 4366 at least 3 hours before your medical appointment to ensure transport will be available.

Nunuyara vehicles may not transport people who are noisy, abusive or intoxicated.

Where Are We?

Nunuyara Wellbeing Centre is located at 17-27 Tully Street, Whyalla Stuart. The entry and car park is on Booth Street.

Transport is available to attend all clinics.

Bookings can be made by phoning 8649 4366 at least 24 hours prior to transport being required.

